Lowell Joint School District

Health Services

**Head Injury Protocol**

Many head injuries that happen at school, such as bumps, are minor. Other head injuries from falls or sports may be serious. Any bump, blow, or jolt to the head or face can potentially cause a concussion. Signs and symptoms of a concussion can show up right away or may not appear until days after the injury. Head wounds may bleed easily and form large bumps.

**Guidelines for students who sustain a bump, blow, or jolt to the head are as follows:**

**Per District Policy, parents will be called for any bump to the head/face, even a minor bump. The District Head Injury Report and CDC Concussion checklist will be sent home to the parent.**

* Slight bump to the **head or face**, such as hit by a ball: If student does not have any complaints or symptoms, send to health office with a buddy and a note describing what happened. Office will apply ice pack, call parent, monitor for 30 minutes per the CDC Concussion checklist and send home Head Injury Report and the checklist. Student may return to class if no signs or symptoms are present.
* Bump or blow to the head/face that results in symptoms such as being dazed or confused: Have adult assist to health office if student is ambulatory. If student is not able to walk, but is able to move by himself, call to office via walkie talkie for the wheelchair. If stable, the office will call parent to come pick up and take to the Doctor. Send Head Injury Report and completed CDC Concussion checklist with student. **If symptoms worsen, call 911.**
* Severe blow to the head, student loses consciousness (even briefly), vomiting, seizures or student is lying on ground not moving: **DO NOT** attempt to move student. Notify office of situation. **Office will call 911**.
* Refer to the CDC Concussion Signs and Symptoms Checklist. Students who experience one or more of the signs or symptoms of a concussion after a bump, blow, or jolt to the head/face should be referred to a health care professional for evaluation. **Call 911** for any symptoms that worsen over time or for any of the **Danger Signs** noted on the checklist.

Reference: Centers for Disease and Control: Heads Up to Schools: Know Your Concussion ABC’s

Head Injury protocol 2018 NW