

Instruction

Courses of Study

Grades 1-6

Courses of study for grades 1 through 6 shall include but are not limited to the following:

(cf. 6146.5 - Elementary/Middle School Graduation Requirements)

1. English: knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition (Education Code 51210)

(cf. 6142.91 - Reading/Language Arts Instruction)

2. Mathematics: concepts, operational skills and problem solving (Education Code 51210)

(cf. 6142.92 - Mathematics Instruction)

3. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology and sociology, including instruction in: (Education Code 51210)

- a. The history, resources, development and government of California and the United States.

Instruction shall include the early history of California and a study of the role and contributions of men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5 and 60040)

(cf. 6141.2 - Recognition of Religious Beliefs and Customs)

(cf. 6141.6 - Multicultural Education)

- b. The development of the American economic system, including the role of the entrepreneur and labor.
- c. The relations of persons to their human and natural environments.
- d. Eastern and western cultures and civilizations.
- e. Contemporary issues.

Instruction

Courses of Study (continued)

- f. The wise use of natural resources.

(cf. 6142.5 - Environmental Education)

4. Science: biological and physical aspects, with emphasis on experimental inquiry and the place of humans in ecological systems. (Education Code 51210)

(cf. 6142.93 - Science Instruction)

5. Visual and performing arts: instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation of creative expression. (Education Code 51210)

(cf. 6142.6 - Visual and Performing Arts Education)

6. Health: principles and practices of individual, family and community health. (Education Code 51210) The adopted course of study shall provide instruction at the appropriate grade levels and subject areas in: (Education Code 51202)

- a. Personal and public safety and accident prevention, including instruction in emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available.
- b. Fire prevention.
- c. The protection and conservation of resources including the necessity for the protection of the environment.
- d. Venereal disease.

(cf. 6142.1 – Family Life Education)

- e. The effects of alcohol, narcotics, drugs and tobacco upon the human body.

(cf. 5131.6 - Alcohol and Other Drugs)

- f. Violence as a public health issue.

Instruction

Courses of Study (continued)

7. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind. (Education Code 51210)

(cf. 6142.7 - Physical Education)

(cf. 6010 - Goals and Objectives)

8. Career awareness exploration

(cf. 6178 – Career Technical Education)

Grades 7-8

Courses of study for grades 7 through 12 shall include the following:

(cf. 6146.5 - Elementary/Middle School Graduation Requirements)

1. English: knowledge and appreciation of literature, language and composition, and the skills of reading, listening and speaking (Education Code 51220)

(cf. 6142.91 - Reading/Language Arts Instruction)

2. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology and sociology, with instruction in: (Education Code 51220)

a. The history, resources, development and government of California and the United States, including instruction in:

(1) Early California history, and the role and contributions of both men and women, Native Americans, African Americans, Mexican Americans, Asian Americans, Pacific Islanders, European Americans, persons with disabilities, and members of other ethnic and cultural groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society. (Education Code 51204.5)

(2) World War II and the role of Americans and Filipinos in that war.

(3) The Vietnam War, including the “Secret War” in Laos and the role of Southeast Asians in that war.

Instruction

Courses of Study (continued)

- b. Eastern and western cultures and civilizations

(cf. 6141.2 - Recognition of Religious Beliefs and Customs)

(cf. 6141.6 - Multicultural Education)

3. Physical education: with emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222 (Education Code 51220)

(cf. 6142.7 - Physical Education)

4. Science: physical and biological aspects; emphasis on basic concepts, theories, and processes of scientific investigation and on the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the sciences. (Education Code 51220)

(cf. 6142.93 - Science Instruction)

5. Mathematics: mathematical understandings, operational skills and problem-solving procedures; algebra (Education Code 51220, 51224.5)

(cf. 6142.92 - Mathematics Instruction)

6. Visual and performing arts: dance, music, theatre, and visual arts, with emphasis upon development of aesthetic appreciation and creative expression. (Education Code 51220)

(cf. 6142.6 - Visual and Performing Arts Education)

7. HIV/AIDS prevention (Education Code 51934)

(cf. 6142.1 – Family Life Education)

8. Personal and public safety, accident prevention and health, including instruction in: (Education Code 51202, 51203)

- a. Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available
- b. Fire prevention
- c. The protection and conservation of resources, including the necessity for the protection of our environment
- d. Venereal disease

Instruction

Courses of Study (continued)

- e. The effects of alcohol, narcotics, drugs and tobacco upon the human body and upon prenatal development

(cf. 5131.6 - Alcohol and Other Drugs)

Regulation Approved: March 23, 1987

Regulation Revised: September 26, 2005; February 27, 2006; December 9, 2013