

LUNCH MENU
ELEMENTARY SCHOOL

LOWELL JOINT SCHOOL DISTRICT

Menu Subject To Change



NEW! DAILY SPECIAL (SEE BELOW) **NEW!**
CHEESE PIZZA
MINI CORN DOGS

March 2008

LEM. LUNCH	\$2.25
4 oz. juice	\$.25
Milk	\$.40
Water	\$.75
Frozen Yogurt	\$1.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Dr. Seuss' Birthday Egg Patty/French Toast Oven Smiles Lime Sherbet Cup Green Egg Cookie	4 Bean & Cheese Burrito Sweet Corn/Salsa Apricot Halves RF Choc Chip Cookie	5 Mozz Cheese Sticks Spaghetti Dipping Sauce Salad/Dressing **Trail Mix / Diced Pears	6 Chicken Nuggets Mashed Potatoes Choice of Muffin Mixed Fruit	7 Cheese Quesadilla Salad/Dressing/Salsa Cornbread Blossom Diced Peaches
10 Pork Dippers Corn & Peas Choice of Snack Diced Pears	11 La Bamba Taco Boat Lettuce/Salsa Mini Cinnamon Roll Peach Cup	12 **P & J Sandwich Celery Sticks/Ranch Dip Belly Bears Fresh Fruit	13 W/G Corn Dog Oven Potatoes RF Brownie Applesauce	14 Cheese Sandwich Peas & Carrots Jungle Crackers Strawberry Cup
17 St. Patrick's Day Chicken Nuggets Mashed Potatoes Shamrock Cookie Green Apple Juice Bar	18 *Pancake & Sausage Stick Cheese Portion Veggies/Ranch Dip Chortles Mixed Fruit	19 **P & J Bar Carrot Sticks/Ranch Dip Choice of Snack Sweet Apple	20 PRIZE DAY *Turkey Ham Sandwich Salad/Dressing RF Choc Chip Cookie Cherry Cup	21 NON STUDENT DAY
24 Ciabatta Cheese Bread Spaghetti Dipping Sauce Salad/Dressing Fruit/ Chocolate Pudding	25 Turkey Hot Dog on Wheat Bun Oven Fries Jicama Sticks Diced Peaches	26 *Pepperoni Pizza Salad/Dressing Choice of Fruit Apricot Halves	27 Bean & Cheese Burrito Corn on Cob/Salsa Chortles Blue Raspberry Juice Bar	28 Chicken Nuggets Mashed Potatoes Blueberry Muffin Sliced Apples/Pears
31 Mozz Cheese Sticks Spaghetti Dipping Sauce Salad/Dressing ** Trail Mix Diced Pears	Key: W/G- Contains Whole Grain in entrée * Denotes Pork ** Denotes Peanuts RF = Reduced Fat			

DAILY CHOICES

(Student may choose 1 milk, 1 juice, 1 bread/grain & 1 fruit per day)

MILK	JUICE	Breads/GRAINS	DAILY FRUITS SERVED
Soy Chocolate Milk 1% White Milk Nonfat White Milk Nonfat Chocolate Milk Whole Milk on Request	Apple Juice Grape Juice Orange Juice	Cheddar Goldfish Crackers	Dried Cranberries Diced Pears

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