

LUNCH MENU
ELEMENTARY SCHOOL

LOWELL JOINT SCHOOL DISTRICT

Menu Subject To Change



NEW! *DAILY SPECIAL (see below)* **NEW!**
*Pancake & Sausage on a Stick / w/Yogurt
Chicken Nuggets

February 2008

ELEM. LUNCH \$2.25
4 oz. juice \$.25
Milk \$.40
Water \$.75
Frozen Yogurt \$1.00

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| <p>Key: W/G- Contains Whole Grain in entrée * Denotes Pork ** Denotes Peanuts RF = Reduced Fat</p> | | | | |
| | | | | <p>1 Fiesta Bean Burrito/Salsa Sweet Corn Apricots RF Chocolate Chip Cookie</p> |
| <p>4 Chicken Patty on WG Bun Oven Potatoes Blueberry Muffin Diced Peaches</p> | <p>5 Cheese Pizza Veggie Sticks Applesauce **Trail Mix</p> | <p>6 Grilled Cheese on W/G Bun Carrot Sticks/Ranch Dip Diced Pears Choice of Snack</p> | <p>7 Chili Cheese Dog on W/G Bun Sweet Corn Apricot Halves Sunflower Seeds</p> | <p>8 Teriyaki Chicken/Rice Peas & Carrots Cherry Cup Cheese Crackers</p> |
| <p>11 LINCOLN'S BIRTHDAY HOLIDAY</p> | <p>12 *6" Pepperoni Pizza Broccoli Salad Mixed Fruit</p> | <p>13 Rotini Pasta/Meat Sauce Salad/Dressing Chocolate Belly Bears Sliced Apples</p> | <p>14 Valentine's Day Cheeseburger Carrot Sticks Cherry Shortcake Heart Cookie</p> | <p>15 Taco Sticks/Salsa Sweet Corn **Trail Mix Peach Cup</p> |
| <p>18 PRESIDENTS' DAY HOLIDAY</p> | <p>19 Cheese Pizza Salad/Dressing Jicama Sticks Mixed Fruit</p> | <p>20 La Bamba Taco Boat Lettuce/Cheese/Salsa Mexican Sweet Bread Diced Peaches</p> | <p>21 Prize Day Cheese Quesadilla Carrot Sticks/Salsa Diced Pears Cinnamon Roll</p> | <p>22 Chicken Patty on W/G Bun Sweet Corn Apricot Halves **Roasted Peanuts</p> |
| <p>25 *Pork Dippers/Rice Peas & Carrots Sliced Apples Cinnamon Bun Stick</p> | <p>26 *6" Pepperoni Pizza 3 Bean Salad Peaches & Pears **Peanut Cup</p> | <p>27 W/G Corn Dog Veggie Sticks/Dip **Trail Mix Mixed Fruit</p> | <p>28 Breakfast for Lunch Maple Panegg Cakes *Sausage Patty Oven Creations Fresh Fruit</p> | <p>29 Mini Corn Dogs Salad/Dressing Cherry Turnover</p> |

DAILY CHOICES (A)

| MILK | JUICE | Breads/GRAINS | DAILY FRUITS SERVED |
|---|--|----------------------------------|--------------------------|
| <p>Soy Chocolate Milk 1% White Milk Nonfat White Milk Nonfat Chocolate Milk Whole Milk on Request</p> | <p>Grape Juice Wildberry Juice</p> | <p>Cheddar Goldfish Crackers</p> | <p>Dried Cranberries</p> |

(A) = Student may choose 1 milk, 1 juice, 1 bread/grain & 1 fruit per day

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